

MACRAME KNOTS INFORMATION SHEET

A simple guide on how to create the basic macrame knots for beginners!

Gathering Knot

Gathers and holds cords together as a starter knot.



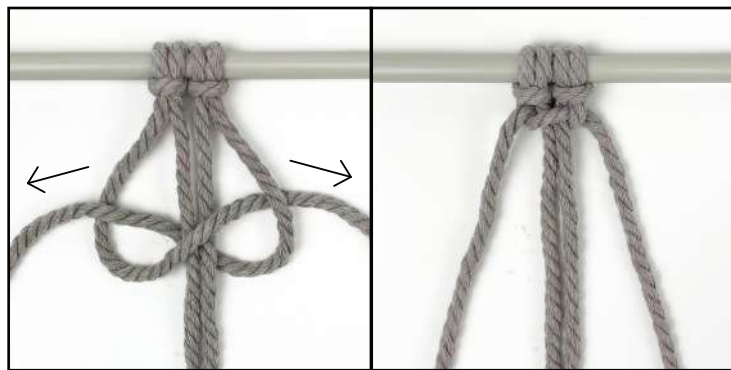
Lark's Head

Basic starter knot to attach project onto a ring or rod.



Half Knot

Similar to the first knot of tying a shoelace, except there are at least two filler cords in between. The left hand cord is placed on top and right hand cord is placed behind.



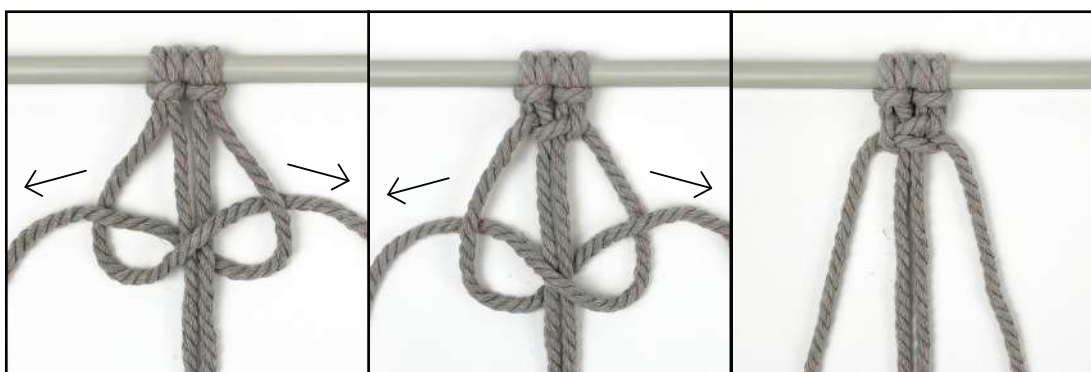
Half Knot Sprial

When you continue to make 'Half Knots', it will naturally begin to turn, creating a spiral design.



Square Knot

Start with a regular 'Half Knot' where the left hand cord is placed on top and right hand cord is placed behind. Then make a reverse 'Half Knot' (right hand cord is placed on top and left hand cord is placed behind). Continue this sequence by alternating directions. Design should not turn.



Bow Knot

Same as a 'Square Knot', but without filler cords in between. Only two strands are needed to create this knot. Design should not turn.



Alternating Half Hitches

Only two strands are needed for this knot. Wrap left hand cord around the right hand cord, from front to back, and then through the loop. Do the same with the right hand cord and continue to alternate directions.



Overhand Knot (Regular Knot)

This is your typical, standard knot. Usually used as a divider, or finishing knot.

