

Ribbon Pole Quilt Block

What you need

- 4 x different 100% cotton fabrics, with the suggested combination of colours and prints below. If using fabric off a bolt you will need:

(A) Background fabric, preferably a blender or solid colour - 15cm strip.

(B) Fabric for the First Ribbon, preferably a blender or solid colour fabric - 15cm strip.

(C) Fabric for the Second Ribbon, preferably a blender or solid colour fabric - 15cm strip.

(D) Fabric for the Pole, preferably a contrasting blender or solid colour fabric - 15cm strip.

- Rotary Cutter & Cutting Mat
- Ruler
- Sewing Machine
- Iron

Tips before you start

- Pre-wash and press your fabric before you start to avoid shrinkage. Follow the care instructions for your chosen fabric.
- Press using a pressing cloth to prevent damaging your fabric. Test your iron settings on a scrap piece of fabric before you start your project.

Instructions

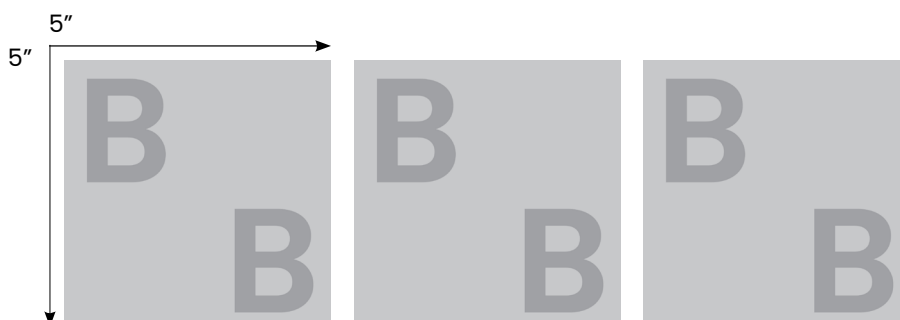
Step 1: Cut the Pieces

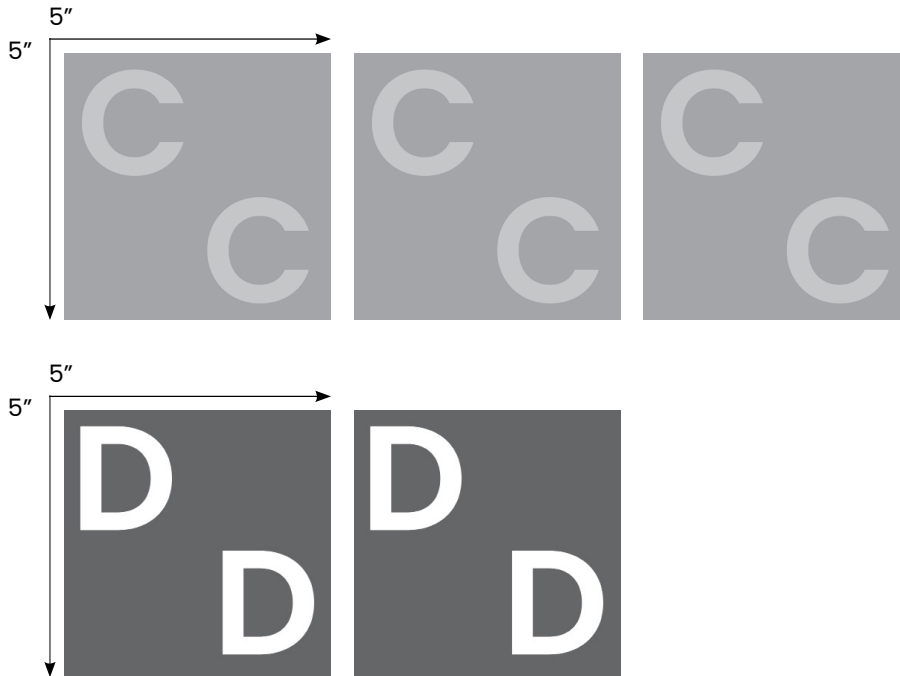
Fabric (A) Cut four squares of 5" x 5".

Fabric (B) Cut three squares of 5" x 5".

Fabric (C) Cut three squares of 5" x 5".

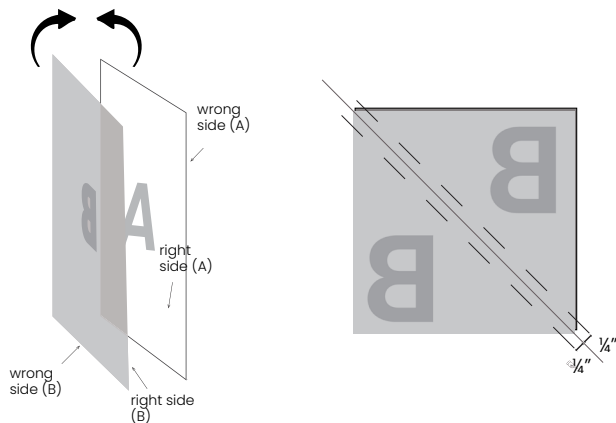
Fabric (D) Cut two squares of 5" x 5".



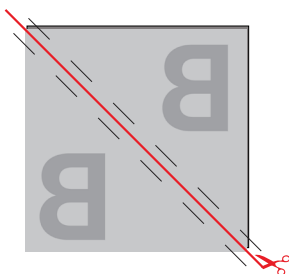


Step 2: Creating the Half Square Triangles (HST)

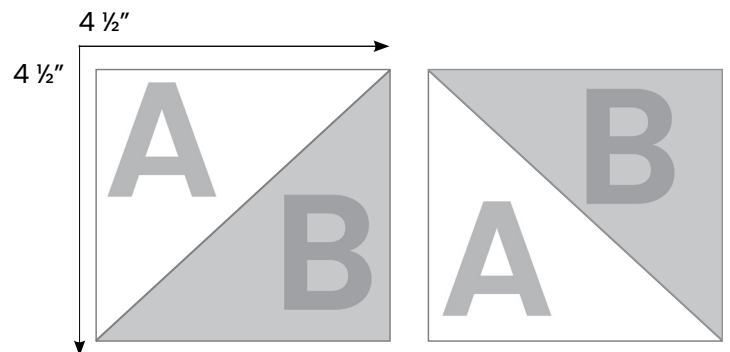
Take one square of Fabric (A) and one of Fabric (B). Right sides together, draw a diagonal line from opposite corners on the back of the Fabric (B).



Sew a line $\frac{1}{4}$ " away from each side of the drawn line. Cut on the drawn line between the two rows of stitching.



Now you have two HST (Half Square Triangles). Press and trim these pieces to $4\frac{1}{2}$ " x $4\frac{1}{2}$ " squares.

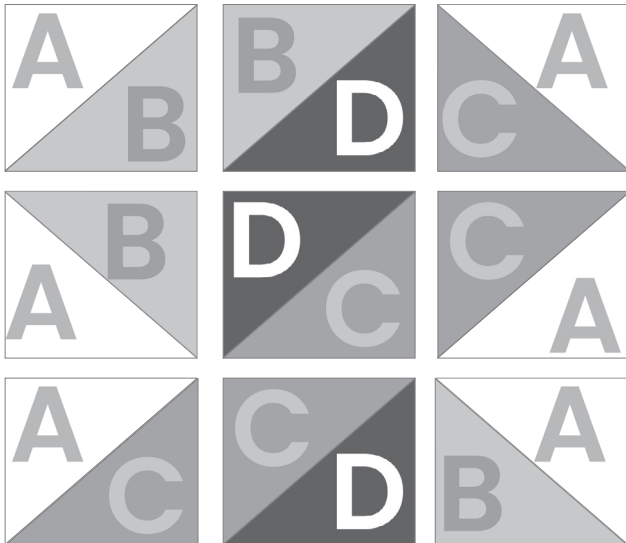


Repeat the steps above combining:

- Another two squares, one of Fabric (A) + Fabric (B)
- Two squares, one of Fabric (A) + Fabric (C) (x2)
- Two squares, one of Fabric (C) + Fabric (D)
- Two squares, one of Fabric (B) + Fabric (D)

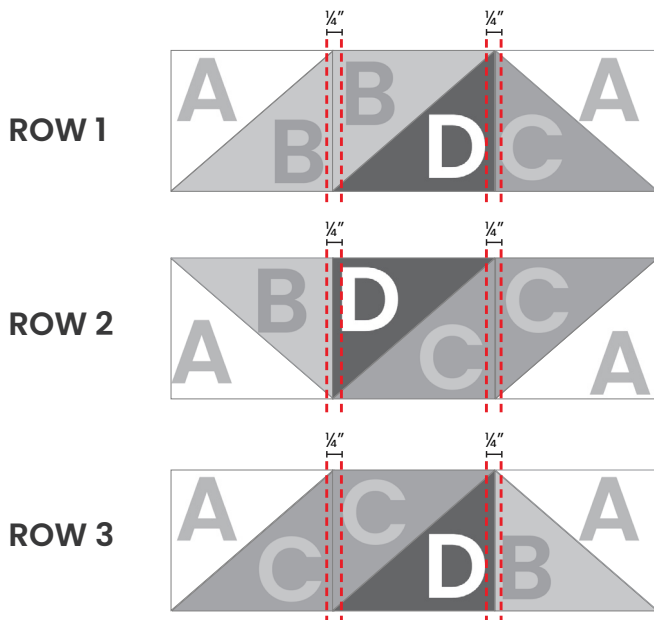
Step 3: Assembling the Rows

Place the HST squares into the formation below:



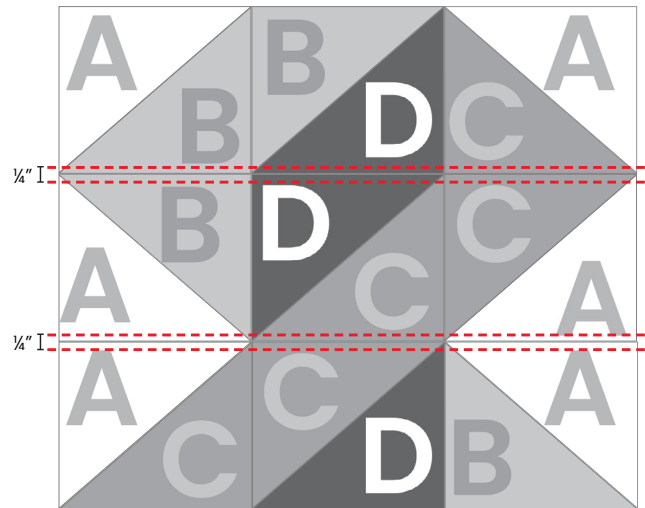
Placement preview

Sew the HST squares of each row together using a $\frac{1}{4}$ " seam allowance.



Step 4: Assembling the 9 Patch Block

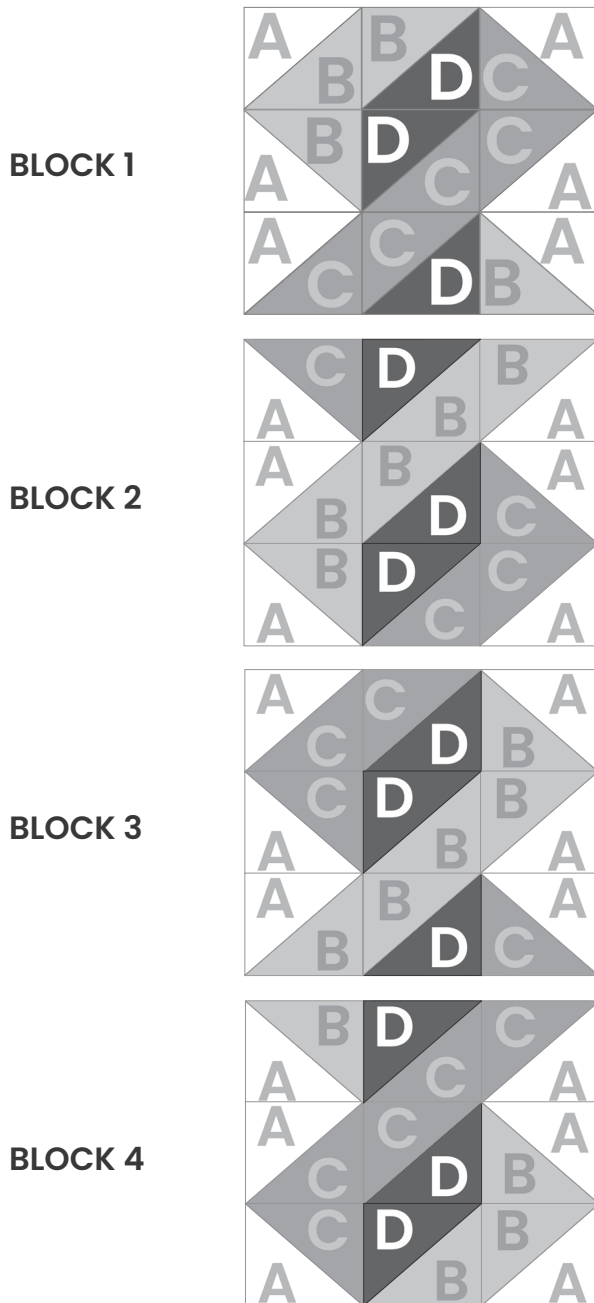
Sew the pieces of each row together using a $\frac{1}{4}$ " seam allowance. Press and trim to $12\frac{1}{2}$ " x $12\frac{1}{2}$ ".



Finished Block

Optional Step: Creating the Ribbon Pole Sequence

The Ribbon Pole Block can turn into a longer quilt with the visual effect of “ribbons” twisting around a “pole”. You can create the braided visual quilt by assembling four 9-patch blocks with a modified order for the HSTs:



Final Result