

Scrunchie DIY



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What you need

- Scissors / Rotary Blade
- Safety Pins
- Thread
- 9" (23 cm) of 25" (6mm) Elastic
- 4" (10cm) Fabric

Tips before you start

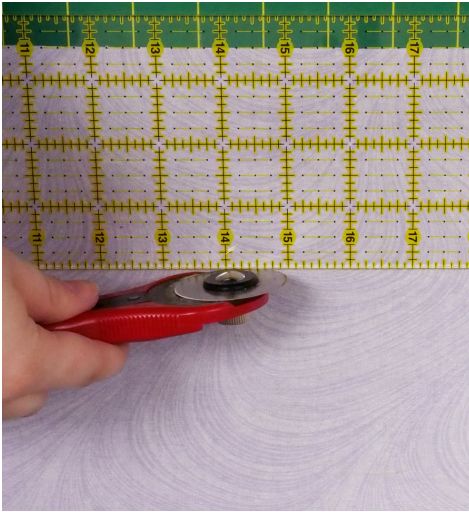
- It's a good idea to pre-wash and press your fabric before you start, especially with rayon because it will shrink. However, some fabrics are not machine-washable, so follow the care instructions for your chosen fabric.
- Press using a pressing cloth to prevent damaging your fabric. Test your iron settings on a scrap piece of fabric before you start your project.
- On lightweight flowy fabrics, fabric weights work well, instead of pins, to hold your pattern down while you cut. A rotary cutter is also recommended for these types of fabrics.
- Try sewing on a scrap piece of fabric before sewing your garment pieces. Adjust your tension, stitch length, and needle type accordingly.

Measurements

- To make a bigger scrunchie add to the width of the fabric strip.

Measurement Chart	
The length of fabric is always 22" (56cm)	
Fabric Requirements	Finished Scrunchie
3.5" (9cm) wide fabric	2.25" (5.7cm)
9.2" (23.4cm) wide fabric	3" (7.6cm)
11.2" (28.5cm) wide fabric	4" (7.6cm)

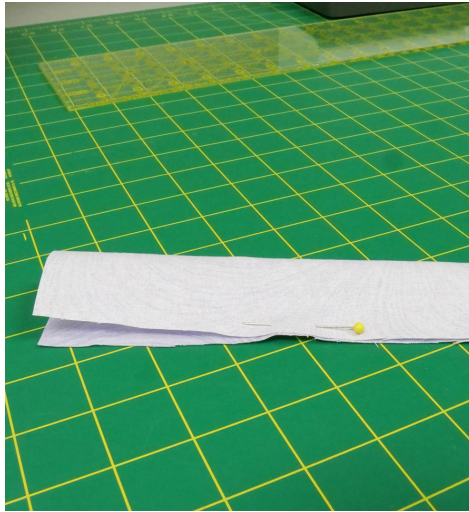
Instructions



Step 1: Cut Fabric & Elastic

Cut fabric to the dimensions of length 22" (56cm) x width 3.5" (9cm).

Cut a piece of .25" (6mm) elastic to the length of 9" (23cm).



Step 2: Fold the Width

Fold the width in half, right sides together & pin to create a tube shape.



Step 3: Fold the Tip

Fold one end of the tube back .5" (1.3cm).



Step 4: Create the Seam

Stitch with a 5/8" (1.6cm) seam allowance.

Cut off excess to make a .25" (6mm) seam allowance.



Step 5: Turn the Tube

Turn the tube right side out.



Step 6: Iron

Press the seam with an iron.



Step 7: Safety Pin Elastic

Safety pin the end of the piece of elastic. Feed the elastic through the tube until the elastic is sticking out of each end.

Note: The safety pin will make it easier to feed the elastic through the tube.



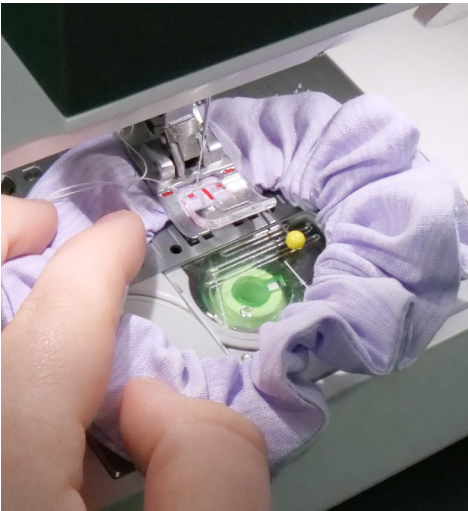
Step 8: Knot Elastic

Tie the elastic ends together with a knot and move the knot to the side.



Step 9: Overlap Tube Edges

Put the raw edge of the tube inside the folded edge of the tube creating a .5" (1.3cm) overlap.



Step 10: Stitch Joint

Stitch down the joint with a .25" (6mm) seam allowance.



The scrunchie is now complete!



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